

P.A.R.C. *Urology*

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POSTOPERATIVE INSTRUCTIONS

Hydroceles, Hernias, Varicoceles

Most boys recover from this operation without complications. Usually no special wound care is needed from you during this recovery.

Stitches

There are no stitches to remove after this operation. You may see redness and bumps where the internal stitches are dissolving. This is normal.

Wounds

Most often we apply surgical super glue to these wounds, or only cover them with small pieces of tape which will fall off at home. It is normal to see bruising, discoloration, and swelling along the scrotum after this surgery. There may also be some spots of blood around the incision sites for a few days.

Bathing

We recommend you sponge bathe the first day after surgery, and then resume normal bathing 48 hours after the operation. Older boys can shower the day after surgery.

Medications

Infants need only ibuprofen (Motrin or Advil) and Tylenol to control pain after surgery. We recommend you give these on an alternating schedule without waiting to see if they will have pain during the first 48 hours after surgery. You can alternate them, giving first the ibuprofen, then 3 hours later the Tylenol, then 3 hours later another dose of ibuprofen, etc.

Older boys, teens, and adults should also take ibuprofen on a regular schedule for the first 48 hours, alternating with either Hycet or Norco (a narcotic that also contains Tylenol) or plain Tylenol.

We do not generally recommend antibiotics after this surgery.

Fever

Children sometimes have fever the first night after surgery. This is normal and not a sign of any infection.

Fever greater than 101°F and irritability after the first night may indicate a virus or ear, throat, or lung infection. If this happens, please contact your primary care physician. Infections after this surgery are very uncommon and would not appear until about a week after surgery. If the wound becomes very red, swollen, and hot to the touch 5-7 days after surgery, please contact our office.

Concerns

It is very unusual to develop a problem that requires urgent attention after this surgery. Most concerns are not urgent and you can email our nurse at nurse@parcurology.com during normal business hours to ask your question. If you believe there is an urgent issue, you can call us any time at 214-618-4405.

Please do not go to the emergency room for problems without first contacting us! Doctors in the emergency room are not surgeons and may not know what the wounds or incisions should look like after surgery. Many times an emailed picture of the area you are concerned about will help us to decide if urgent medical attention is needed.

Follow-up

We normally schedule follow-up with your surgeon approximately 6 weeks after the operation.